



Prayer labyrinth is not a maze. It has no dead ends, no crossing points, no high walls, bushes, or false passages. It is an ancient spiritual tool with a single path of prayer, reflection, and meditation weaving to the centre and returning back again to the entrance which is also the exit. We will not get lost in the prayer labyrinth just as when we journey with Christ.

The winding path of the Labyrinth reflects our life and spiritual pilgrimage which involves discovery, transition, uncertainty, pauses, changes of direction, and achievement. From the entrance, we move prayerfully towards the centre where we be still in God's presence. From the centre, we exit with thanksgiving through the same path and back to our daily life in His presence. This journey signifies that our life is a journey continuing return to our ultimate Centre: The Triune God, to our own within, and back out again into the world.

The walk helps to quiet our mind to focus in God's presence and moves our soul toward wholeness in God. If we are attentive, it could be a means of grace which brings healing, renewal and transformation.



The first prayer labyrinth at STM was completed on May 6th, 2017 which is the World Labyrinth Day (1st Saturday of May).

The new prayer labyrinth was completed on Dec 21, 2020.

May God use this tool to bless all who come here to study, to do research, to have quiet retreat or camp. *Soli deo Gloria!*

